



WELSH ATHLETICS  
ATHLETAU CYMRU

# LIFTING ATHLETICS OUT OF LOCKDOWN

#StaySafe

## Volunteer Code of Conduct

Please ensure that you read and observe this code of conduct to ensure a safe and enjoyable event for everyone.

- Attend the required pre-event briefings (virtually or in person).
- Ensure that you receive clear instructions on your role(s).
- Ensure that you have read and are familiar with the pre-race information and briefing issued by the event to both participants and volunteers.
- Do not travel to the event in any capacity if you are showing signs of COVID-19 as outlined by Public Health Wales, or any other illness.
- Do not travel to the event if the borough in which it is taking place is under a local lockdown. Do not travel outside of your borough for an event if you currently reside within a local lockdown.
- Leave more time than you normally would to get to the event.
- Be prepared to bring your own water and food and carry it with you during the event. Please dispose of rubbish responsibly and safely.
- Bring your own hand sanitiser.
- Ensure that you maintain social distancing at all times.
- PPE should be worn as requested by the event organiser.
- If you come into contact with an athlete you should immediately re-sanitise or replace gloves.
- If gloves are removed, they should be disposed of responsibly and replaced, or hands should be sanitised.
- Avoid using public transport to get to the event if at all possible.
- When shouting instructions or encouragement to athletes ensure you are wearing your facemask.
- When collecting and returning instructions, hi-vis, radios etc., ensure that you maintain social distancing whilst queuing.
- If you experience COVID-19 symptoms within 7 days of the event, please make this known through the Welsh Government's Track & Trace system. You should also inform the event's COVID-19 Officer.